



GAIA HOUSE
INSIGHT MEDITATION IN THE BUDDHIST TRADITION

Gaia House Non-Residential Benefits

Working for Gaia House can be extremely rewarding and fulfilling. We recognise and commit to the ethos of supporting our non-residential service community with care and compassion. Keeping everyone healthy, happy, and dedicated to their job is very important to us, and we are pleased to be able to offer the following benefits:

Annual leave

All non-residential service members receive 25 days annual leave, pro-rata for part-time staff. In addition, you will also receive service additions for each year of employment, up to a maximum of five days, plus an allowance for Bank Holidays. Both are subject to pro-rata calculations if you work part-time.

Flexible working

As Gaia House operates 365 days per year, we support our service community to work flexibly over 7 days and are open to discussing adjustments to working days/hours and working from home.

Pension

From April 2017 Gaia House has been operating under the auto-enrolment system and uses The Peoples Pension. Gaia House offers staff an enhanced employer contribution of 4.25% of salary. There is an option within the People's Pension to invest ethically if this is important to you. More details can be given on joining Gaia House.

Eye tests

Employees are covered by The Health and Safety (Display Screen Equipment) Regulations 1992 and are entitled to an annual eye and eyesight test paid for by Gaia House, up to the value of £40.

Free sitting time

All staff members are entitled to 'free sitting time' to allow them to join retreats at Gaia House. This is pro-rated for part-time staff. You can combine two years' worth of allowance to enable you to have enough days to sit a full retreat.

Service Community Support Teacher and Meditation Opportunities

There are regular offerings to enable the service community to practice together or for individuals to build meditation practice into their working day and we support everyone to explore and develop their own practice. There is also the opportunity to receive guidance and support with your practice from our Service Community Support Teacher

Lunch

Once our main group or personal retreatants have taken their lunch there are often leftovers and the service community are welcome to take lunch from what is left. It is not something we can guarantee, and the retreatants have priority, but you are welcome to enjoy some of the many wholesome vegetarian lunches we provide.