

2012 GAIA HOUSE GROUP RETREATS

DATES FROM	DATES TO	RETREAT TITLE	TEACHERS	CODE	STD RATE	SUPP RATE	SPON RATE	YP	RSF
4 Jan 12	8 Jan 12	Origins & Application of Mindfulness (MBCT/MBSR Retreat)	Christina Feldman, Jenny Wilks & Chris Cullen	12130	£193	£164	£232	£48	£96.50
27 Jan 12	29 Jan 12	Major Life Change	Alan Lewis	12131	£118	£100	£141	£29	£59
3 Feb 12	12 Feb 12	What on Earth are we doing ?	Parallel Caroline Jones, Kirsten Kratz, Paul Burrows	12132	£374	£318	£449	£93	£187
4 Feb 12	11 Feb 12	Chan Koan Retreat	Simon Child & Fiona Nuttall	12133	£302	£257	£363	£76	£151
17 Feb 12	19 Feb 12	Young Person's Retreat (16 - 25 yrs)	Jake Dartington, Caroline Jones (Young Person's)	12134	£33	N/A	N/A	N/A	N/A
24 Feb 12	26 Feb 12	Loving What Is	Martin Aylward	12135	£118	£100	£141	£29	£59
29 Feb 12	5 Mar 12	Living with Illness & Loss	Jean Wilkins	12136	£230	£195	£276	£57	£115
8 Mar 12	11 Mar 12	Rest in Natural Being	Leela Sarti	12137	£156	£133	£188	£39	£78
16 Mar 12	21 Mar 12	Insight Meditation & Qi Gong	Norman Feldman & Brad Richecoeur	12138	£230	£195	£276	£57	£115
23 Mar 12	25 Mar 12	Introduction to Insight Meditation	Jenny Wilks & Caroline Jones	12139	£118	£100	£141	£29	£59
28 Mar 12	28 Mar 12	Meditation Day	Caroline Jones	12140	£26	N/A	N/A	N/A	N/A
30 Mar 12	1 Apr 12	A Path of Peace & Happiness Dana Retreat	Yanai Postelnik & Kirsten Kratz	12141	£21	N/A	N/A	N/A	N/A
6 Apr 12	13 Apr 12	Zen Retreat	Martine & Stephen Batchelor	12142	£302	£257	£363	£76	£151
20 Apr 12	24 Apr 12	Work Retreat	Caroline Jones	12143	£33	N/A	N/A	N/A	N/A
20 Apr 12	24 Apr 12	Pitfalls, Blocks & Delusions	Ken Jones	12144	£193	£164	£232	£48	£96.50
27 Apr 12	2 May 12	Insight Meditation & Yoga	Yanai Postelnik & Helen Stephenson	12145	£230	£195	£276	£57	£115
4 May 12	7 May 12	Connection & Letting Go	Catherine McGee & Kirsten Kratz	12146	£156	£133	£188	£39	£78
11 May 12	13 May 12	Mahasi Weekend	Bodhidharma	12147	£118	£100	£141	£29	£59
11 May 12	20 May 12	Mahasi 9 Day Retreat	Bodhidharma	12148	£374	£318	£449	£93	£187
25 May 12	30 May 12	Live & Let Go: Unburdening the Heart	Martin Aylward	12149	£230	£195	£276	£57	£115
2 Jun 12	10 Jun 12	Holistic Awareness	Ajahn Succito	12150	£338	£287	£406	£85	£169
15 Jun 12	22 Jun 12	Satipatthana A Study/Practice Retreat	Christina Feldman, John Peacock & Akincano	12151	£302	£257	£363	£76	£151
24 Jun 12	24 Jun 12	Meditation Day	TBC	12152	£26	N/A	N/A	N/A	N/A
29 Jun 12	8 Jul 12	Lovingkindness & Insight Meditation 9 Day Retreat	Yanai Postelnik, Catherine McGee & Kirsten Kratz	12153	£374	£318	£449	£93	£187
29 Jun 12	1 Jul 12	Lovingkindness & Insight Meditation Weekend	Yanai Postelnik, Catherine McGee & Kirsten Kratz	12154	£118	£100	£141	£29	£59
1 Jul 12	8 Jul 12	Lovingkindness & Insight Meditation Weeklong Retreat	Yanai Postelnik, Catherine McGee & Kirsten Kratz	12155	£302	£257	£363	£76	£151
14 Jul 12	22 Jul 12	Study Retreat A Buddhist Secular Retreat	Martine & Stephen Batchelor	12156	£338	£287	£406	£85	£169
28 Jul 12	31 Jul 12	Family Retreat	Chris Cullen & Caroline Jones	12157	See retreat description in the main programme for details				
4 Aug 12	10 Aug 12	Awakening Wisdom & Compassion	Caroline Jones & Paul Burrows	12158	£266	£226	£319	£66	£133
13 Aug 12	21 Aug 12	The Mindful Way to Equanimity	John Peacock	12159	£338	£287	£406	£85	£169
24 Aug 12	29 Aug 12	Meditation & Mindfulness	Martine Batchelor & Jake Dartington	12160	£230	£195	£276	£57	£115
1 Sep 12	5 Sep 12	Touching Heaven & Earth Meditation & Qigong	Yvonne Weier & Max Weier	12161	£193	£164	£232	£48	£96.50
7 Sep 12	14 Sep 12	Mindfulness, Insight, Liberation: The Foundations of MBCT/MBSR	Christina Feldman, John Peacock & John Teasdale	12162	£302	£257	£363	£76	£151
18 Sep 12	21 Sep 12	Cultivating Loving Kindness	Jenny Wilks & Kirsten Kratz	12163	£156	£133	£188	£39	£78
24 Sep 12	30 Sep 12	Touching the Earth	Kittisaro & Thanissara	12164	£266	£226	£319	£66	£133
5 Oct 12	9 Oct 12	Insight Meditation & Qi Gong	Catherine McGee & Brad Richecoeur	12165	£193	£164	£232	£48	£96.50
12 Oct 12	14 Oct 12	The Heart of Mindfulness	John Peacock	12166	£118	£100	£141	£29	£59
21 Oct 12	28 Oct 12	Embodying the Awakened Heart	Yanai Postelnik & Leela Sarti	12167	£302	£257	£363	£76	£151
31 Oct 12	28 Nov 12	November Solitary	Christina Feldman, Yanai Postelnik, Rob Burbea & Caroline Jones	12168	See retreat description in the main programme for details				
30 Nov 12	2 Dec 12	Boundless Friendliness	Christina Feldman & Chris Cullen	12169	£118	£100	£141	£29	£59
7 Dec 12	9 Dec 12	Weekend Retreat	TBC	12170	£118	£100	£141	£29	£59
14 Dec 12	16 Dec 12	Kindness, Joy & Compassion: A Metta Retreat	Yanai Postelnik & Kirsten Kratz	12171	£118	£100	£141	£29	£59
21 Dec 12	23 Dec 12	Insight Meditation: A Path of Freedom	Jake Dartington & Paul Burrows	12172	£118	£100	£141	£29	£59
27 Dec 12	2 Jan 13	New Year Retreat	Christina Feldman, Rob Burbea, Chris Cullen, Jenny Wilks	12173	£266	£226	£319	£66	£133
GAIA HOUSE @ SEALE HAYNE RETREAT INFORMATION									
12 Jun 12	17 Jun 12	Training the Mind, Freeing the Heart	Martin Aylward & Vinny Ferraro at Seale Hayne	12174	£350	£298	£420	N/A	N/A
24 Jun 12	28 Jun 12	Transforming Self, Transforming World	David Loy at Seale Hayne	12175	£374	£318	£449	N/A	N/A
14 Sep 12	20 Sep 12	Insight Dialogue & Sankhara	Gregory Kramer at Seale Hayne	12176	£365	£310	£438	N/A	N/A